

Resources for Allyship and Advocacy- Trans Inclusion in Sports

“Believing and perpetuating myths and misconceptions about trans athletes is harmful. Denying trans people the right to participate is discrimination and it doesn’t just hurt trans people, it hurts all of us.”- ACLU

Useful links to continue education-

Online Resource Guides:

[Tips for Allies of Transgender People | GLAAD](#)

[Guide to Being an Ally to Transgender and Nonbinary Young People | The Trevor Project](#)

[Resource-Document-FINAL.pdf \(athleteally.org\)](#)

[August 2023 AEI Executive Summary \(athleteally.org\)](#)

[Ensuring Safe and Supportive Schools \(mn.gov\)](#)

Websites:

Trans Inclusion in sports:

[TRANSATHLETE - Resources for trans inclusion in sports](#)

[TRANSATHLETE - transgender athlete policy](#)

[TRANSATHLETE Five Tips for Trans Allies](#)

Articles:

[Trans Student Athletes: How to Advocate for Them When No One Else Will | Teen Vogue](#)

[Four Myths About Trans Athletes, Debunked | ACLU](#)

[Continuing the Conversation on Transgender Student-Athletes - Coach and Athletic Director \(coachad.com\)](#)

[The-Future-of-Womens-Sport-includes-Transgender-Women-and-Girls-Statement_8.11.21.pdf \(athleteally.org\)](#)

Books:

***Trans Kids: Being gendered in the 21st century* (by Tey Meadow)**

***He/She/They: How we talk about gender and why it matters* (by Schuyler Bailar)**

***Fair Play: How Sports Shape the Gender Debates* (by Katie Barnes)**

Podcasts:

TransLash Podcast with Imara Jones:

[TRANSCRIPT: TransLash Podcast, Episode 15 'Trans Athletes Speak Out' - TransLash](#)

[TRANSCRIPT: TransLash Podcast Episode 16, 'Trans Visibility' - TransLash](#)

Radio Lab Presents: *Gonads*

[Gonads: Dutee \(radiolab.org\)](#)

[Gonads: Dana \(radiolab.org\)](#)

NPR:

[Why How We Talk About Gender Matters : 1A : NPR](#)

ESPN:

[That's What She Said with Sarah Spain - Athlete Allies: Chris Mosier and Anne Lieberman | ESPN](#)

Videos:

'I felt my life is over': Negesa shares her harrowing story

[Testosterone rules: Annet Negesa and Maximila Imali, the elite athletes fighting for acceptance \(cnn.com\)](#)

Hockey is for Everyone: Elliot's Story

[Hockey Is For Everyone: Elliot's Story - YouTube](#)

Here are the 4 trans athletes of new documentary "Changing the Game" (Interview)

[Here Are the 4 Trans Athletes of New Documentary "Changing the Game" \(youtube.com\)](#)

Documentaries/Movies:

Changing the Game- Hulu

Disclosure- Netflix

Category: Woman- Independent film

Trans Athletes Advocating for Social Change:

Layshia Clarendon

[The Power of Layshia Clarendon \(espn.com\)](#)

Chris Mosier

[TRANSATHLETE - Chris Mosier](#)

Schuyler Bailar

[Breaking the Surface with Schuyler Bailar | Magazine | The Harvard Crimson \(thecrimson.com\)](#)

“Ally Voices”:

[Billie Jean King, Megan Rapinoe, and Candace Parker Join Nearly 200 Athletes Supporting Trans Youth Participation in Sports - Women's Sports Foundation \(womenssportsfoundation.org\)](#)

-Various women athletes and advocates at Women’s Sports Foundation

[The-Future-of-Womens-Sport-includes-Transgender-Women-and-Girls-Statement_8.11.21.pdf \(athleteally.org\)](#)

- “We can’t make demands for a false sense of fairness while ignoring the actual needs of women and girls.” - Megan Rapinoe, two-time World Cup Champion and former Co-Captain of the US Women’s National Soccer Team, 2021

[Sports saved my life. Transgender athletes should be able to have that experience too – The Hill](#)

-Anne Lieberman, 2020

[USA Rugby’s Naima Reddick: Let Trans Women Play \(advocate.com\)](#)

-Naima Reddick, Team USA Rugby Player, 2020

